

MENTORING GOAL SETTING WORKSHEET

Introduction

Congratulations on participating in our mentoring program! This worksheet is designed to help you think critically about your goals and expectations for the mentoring partnership. Please take a few minutes to reflect on what you hope to achieve through this experience.

Your goals and expectations will serve as a foundation for your mentoring partnership and will help guide your progress throughout the program. Please keep this worksheet handy and refer to it regularly to track your progress and adjust as needed.

Section 1: Expectations for Mentoring Partnership

What are your expectations for this mentoring partnership? What do you hope to gain from this experience? What kind of support and guidance do you hope to receive from your mentor?

Section 2: Goals for Mentoring Partnership

What specific goals you would like to achieve as a result of participating in this mentoring partnership? Please be specific and try to make your goals SMART (Specific, Measurable, Achievable, Relevant, and Time-bound).

- What are your short-term goals (next 3-6 months)?

- What are your long-term goals (next 1-2 years)?

Section 3: Skills or Knowledge Needed

What skills or knowledge do you need to develop in order to achieve your goals? Please consider the following areas:

- Technical skills (e.g. programming languages, software proficiency)
- Business skills (e.g. marketing, finance, leadership)
- Essential skills (e.g. communication, teamwork, time management)
- Industry knowledge (e.g. trends, best practices, regulations)